



## 2019/2020 Junior Development and Competitive Clinics Fall-Winter-Spring

### Clinic Schedule:

- I. September 9-November 1 (8 weeks)
- II. November 4-December 20 (7 weeks)
- III. January 6-March 6 (8 weeks)
- IV. March 16-May 22 (9 weeks)

### No clinics during the following weeks:

*December 23 & December 30*  
*February 17 (public school vacation)*  
*March 9 - 24 (private school vacation)*  
*April 20 (public school vacation)*

### QuickStart Tennis

**QuickStart Tennis** is an exciting new play format for learning and playing tennis. It is designed to bring kids to the game by utilizing smaller racquets, slower and lighter balls, shorter court dimensions and modified scoring - all tailored to the age and size of the child. It is divided into two different levels:

1. Ages 8 and under
2. Ages 9-11

#### 1. QuickStart 8 & Under:

##### ***Tiny Tots Clinic (Ages 3-4 years)***

QuickStart program for children with little or no tennis experience. The goal is to have children learn and experience tennis while having fun in the company and companionship of other kids of their own age and skill level. There will be 19"-23" racquets, 25% compression tennis balls, and a lowered net used in order to create a fun, non-threatening way to introduce children to the game of tennis.

- Time: Monday 2:00-3:00pm and/or Wednesday 2:00-3:00pm
- Price \$240/8-week session: \$30 per individual class (space permitting)

##### ***Little Lobsters Clinic (Ages 5-6 years)***

QuickStart program designed to build upon the fundamentals taught in the Tiny Tots Program. In this session 19"-23" racquets, 50% compression tennis balls, and a lowered net will be used.

- Time: Monday 3:30-4:30pm and/or Wednesday 4:00-5:00pm
- Price: \$240/8-week session: \$30 per individual class

##### ***Ace Kickers Clinic (Ages 7-8 years)***

QuickStart program using 23"-25" racquets and 50% compression tennis balls. Emphasis is on getting children to rally as quickly as possible using the correct fundamentals. Continuing focus on further development of forehand and backhand ground strokes, consistency, introduction to serving, geography of tennis court, point play and scoring.

- Time: Tuesday and/or Thursday 4:00-5:00pm
- Price: \$240/8-week session: \$30 per individual class

## 2. QuickStart Ages 9 - 11

### ***Hot Shots Clinic (Ages 9-11 years)***

QuickStart program using 25"-27" racquets and 75% compression tennis balls. Emphasis is on point construction and basic strategy to ready players for competition. Continuing focus on refining serves, topspin ground strokes, consistency, volleys and point construction.

- Time: Tuesday and/or Thursday 5:00-6:00pm
- Price: \$240/8-week session: \$30 per individual class

### ***Big Hitters Clinic (Ages 10+ years)***

For the player that is serious about competition and is attempting to play in tournaments and team competition. The program requires a strong work ethic through intensive drills and training designed to prepare players both physically and mentally for the rigors of competition.

- Time: Monday 4:30-5:30pm (Match Play) and/or Wednesday 5:00-6:00pm
- Price \$240/8-week session: \$30 per individual class

### ***Junior Varsity Clinic (Ages 12+ based on ability level)***

For the aspiring high-school player looking for competition, play, strategy and conditioning. Also, this clinic will be a stepping-stone for PATT.

- Time: Monday 5:30-6:30pm (match play) and/or Wednesday 6:00-7:00pm
- Price \$240/8-week session: \$30 per individual class

### **PATT (Program for Advanced Tennis Training)**

*(discuss with pro staff if interested)*

For the player with at least 2 years of high-school team competition and/or USTA tournaments experience. This clinic will focus mostly on advanced drills with emphasis on point play and strategy as well as advanced footwork and conditioning.

- Time: Tuesday 6:00-7:30pm and/or Thursday 6:00-7:30pm
- Price: \$320/8-week session: \$40 per individual class

### **Junior Club Championships, Round Robins and Game Nights**

Club Championships, round robin events, and game nights are for juniors of all ages who can serve/keep score and are interested in social and competitive matches throughout the season.

### **TENNIS CLINICS POLICY AND RULES:**

Length of clinic class depends on number of players' attendance as follows:

<b>For 1 hour clinic:</b> 1 player = 30 min class 1-2 players = 45 min class 3+ players = 60 min class	<b>For 1.5 hour clinic:</b> 1 player = 30 min class 2-3 players = 60 min class 4+ players = 90 min class
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Ratio of players to coaches will be **4 to 1**, unless otherwise communicated.

### **Payment and Registrations:**

Clinics will be pre-paid for each full session. Sign-ups will be made available no earlier than 1 month prior to each session's start date. Registration will be made on a first come, first served basis. For any questions about clinic placement or guidance, please contact Director of Tennis, Cosmin Chiujdea at [cos@wightmantennis.org](mailto:cos@wightmantennis.org)



## Junior Development & Competitive Clinics Registration Form - Fall 2019

Submit registration forms to the front desk or email to [cos@wightmantennis.org](mailto:cos@wightmantennis.org).

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Email: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

**Session dates:** Monday, September 9 - Friday, November 1  
**Registration starts:** Monday, August 5, 2019  
**Registration deadline:** Thursday, September 5, 2019

### QUICKSTART JUNIOR DEVELOPMENT CLINICS

(\$240 / 8-week session, \$30 / individual class)

#### Tiny Tots Clinic (Ages 3-4 years)

- Monday 2:00 – 3:00pm
- Wednesday 2:00 – 3:00pm

#### Hot Shots Clinic (Ages 9-11)

- Tuesday 5:00 – 6:00pm
- Thursday 5:00 – 6:00pm

#### Little Lobsters Clinic (Ages 5-6 years)

- Monday 3:30 – 4:30pm
- Wednesday 4:00 – 5:00pm

#### Big Hitters Clinic (Ages 10+)

- Monday 4:30 – 5:30pm (match play)
- Wednesday 5:00 – 6:00pm

#### Ace Kickers Clinic (Ages 7-8 years)

- Tuesday 4:00 – 5:00pm
- Thursday 4:00 – 5:00pm

### COMPETITIVE JUNIOR CLINICS *(Prices listed below clinic title.)*

#### Junior Varsity Clinic (Ages 12+ based on ability)

(\$240 / 8-week session, \$30 / individual class)

- Monday 5:30 – 6:30pm (match play)
- Wednesday 6:00 – 7:00pm

#### PATT (Program for Advance Tennis Training – discuss w/Pro staff if interested)

(\$320 / 8-week session, \$40 / individual class)

- Tuesday 6:00 – 7:30pm
- Thursday 6:00 – 7:30pm

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