

WIGHTMAN CAFE

DAILY MENU

Our sandwiches and salads are made from only the freshest of ingredients.
Dressings & marinades are all made in-house.



SOUP, SALADS & TACOS

- CHILLED GAZPACHO (available in July)** \$4.00
A refreshing Spanish soup **GF V**
- CAESAR SALAD** \$13.95
Romaine lettuce, grated asiago cheese, house made herbed croutons and our homemade Caesar dressing*
- GREEK SALAD** \$9.95
Fresh greens, tomatoes, cukes, feta cheese, kalamata olives, peppers, carrot, red onion and Greek Dressing **GF**
- STRAWBERRY, SPINACH & KALE SALAD** \$15.95
avocado, crumbled goat cheese, toasted almonds and honey Balsamic vinaigrette **GF**
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- Add Lemon Rosemary Grilled Chicken** +\$8.50
Add Albacore White Tuna Salad +\$6.95
Add 5 oz. Blackened Salmon Filet +\$12.50

- FISH TACOS (available in July)** \$15.00
Grilled flounder, slaw, pickled red onions, mango salsa, chipotle crema, flour tortilla
- BLACKENED SALMON SALAD*** \$22.50
Arugula, English cukes, avocado, artichokes, grape tomatoes, drizzled w/ Green Goddess dressing **GF**



FROM THE GRILL

GRILL ADD-ONS

- Avocado +\$2.00 Pickled Red Onions +\$1.00
Bacon +\$2.25 Cheddar or American cheese +\$1.00

- CHAR-GRILLED BEEF BURGER*** \$9.95
6 oz burger topped w/ lettuce, tomato, red onion
- CHAR-GRILLED ALL BEEF HOT DOG** \$5.99
- GRILLED CHEESE** \$4.95
- GRILLED CHEESE WITH TOMATO** \$5.49
- GRILLED CHEESE WITH BACON** \$7.50



SANDWICHES & WRAPS

Sandwiches (**except BLT**) served on your choice of rosemary focaccia, grilled brioche roll, or white/wheat wrap and include your choice of fresh fruit salad, carrots or chips. Gluten Free wrap add \$1.75

SANDWICH ADD ONS:

- Avocado +\$2.00 Pickled Red Onions \$1.00
Bacon +\$2.25 Cheddar or American cheese \$1.00

- CHAR-GRILLED CHICKEN SANDWICH** \$14.95
Lettuce, tomato, pickled red onion, chipotle mayo
- HOUSE ROASTED TURKEY CLUB** \$15.95
With lettuce, tomato, avocado, bacon & herbed mayo
- TUNA SALAD SANDWICH** \$11.50
Albacore white tuna salad, romaine lettuce & tomato
- BUFFALO CHICKEN TENDER WRAP** \$11.75
With lettuce, tomato and bleu cheese or ranch
- CAESAR WRAP** \$12.50
Filled with romaine lettuce, grated asiago cheese, croutons, and homemade Caesar dressing*
- CAESAR WRAP W/GRILLED CHICKEN** \$15.75
Filled with romaine lettuce, grated asiago cheese, croutons, grilled chicken and homemade Caesar dressing*
- BLT W/ AVOCADO ON MULTIGRAIN** \$7.95
Served À la carte.



SIDES & CHICKEN TENDERS

- FRENCH FRIES** Sm. \$3.50 Lg. \$4.75
- ½ lb. CRISPY CHICKEN TENDERS** \$9.50
Served with honey mustard
- ½ lb. BUFFALO CHICKEN TENDERS** \$10.95
Served with bleu cheese or ranch dressing
- FRESH FRUIT SALAD ½ lb** \$6.00

WIGHTMAN CAFE

DAILY MENU



KID'S MENU

Kid-friendly meal options with portion sizes for children 12-years old or under.

KIDS COMBO MEAL \$9.95

Includes choice of entrée, side and beverage:

ENTRÉES (select one) SIDES (select one)

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|--------------------------|------------------|
| Chicken Tenders | watermelon slice |
| Kid's Hamburger | Chips |
| Kid's Cheeseburger | Baby Carrots |
| Grilled All Beef Hot Dog | French Fries |
| Grilled Cheese on Wheat | |
| Slice Cheese Pizza | |
| Hummus & Cukes | |

DRINKS (select one)

- Capri Sun Juice Box
- 8 oz. Water



DESSERTS

ICE CREAM TREATS \$2.25

Ice cream sandwiches, Hoodsies, Popsicles, Bomb Pops, Fudgsicles, Strawberry Shortcake, Icees

DELUXE ICE CREAM TREATS \$3.25

Snickers, Cookies & Cream mini cone, Klondike bar

KIT KAT CONE \$3.75

CHIPWICH \$4.95

SNACKS \$1.75

CANDY \$2.95

ADULTS ONLY DESSERT \$5.00



Locally-made liquor-infused ice cream from Creme de Liqueur (2% ABV)

Espresso Martini, Margarita Sorbet or Vanilla Bean Bourbon**



PROTEIN SMOOTHIES

Substitutions available below.

14 oz. Protein Smoothie \$9.95

Green Smoothie*** - Kale, spinach, avocado banana, almond butter, protein powder unsweetened almond-coconut milk

Cafe Mocha - Banana, almond butter, cinnamon, espresso powder, chocolate protein,unsweetened vanilla almond milk

Dreamsicle - Orange, banana, vanilla protein, unsweetened vanilla almond milk

PB&J - Strawberry, raspberry, blue berry, peanut butter, banana, unsweetened almond milk

Chocolate Peanut Butter Monkey - Banana, peanut butter, chocolate protein powder, unsweetened almond milk

Juicy Fruit** - Banana, blueberry, strawberry, mango, fresh orange juice

SUBSTITUTIONS

SunButter substituted for almond butter add +\$.75

Coconut milk substituted for almond milk add +\$.75

** DAIRY FREE

***FOR DAIRY FREE OPTION, OMIT PROTEIN POWDER



BEVERAGES

WATER \$1.25

SODA & SPARKLING WATER \$1.75

TEAVANA ICED GREEN TEA SM \$2.75 Lg \$3.75

GATORADE 12 oz \$2.00 20 oz \$2.95

PURE LEAF ICED TEA (OR SIMILAR) \$3.25

BLUE RASPBERRY LEMONADE SM \$2.95 LG \$3.95

ICED COFFEE SM \$2.75 LG \$3.75

6.25% MA state & local meals tax not included.

* Consumer Advisory: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Food Allergy Notice: Before placing your order, please inform your server if a person in your party has a food allergy.